

## Cycle view of the study programme

### Compulsory courses (B1 : 17Cr)

			B1	Or	Th	Pr	Au	Cr
EDPH9102-1	<i>Engineering of physical activity and health</i> - Physical activity advice: back pain, mental health - Alexandre MOUTON, Marc VANDERTHOMMEN - Healthy ageing whatever life throws at us - Olivier BRUYÈRE, Alexandre MOUTON - The benefits of physical activity for chronic medical conditions - Arnaud ANCION, Florence SCHLEICH		B1	TA 7	-	-		<b>3</b>
EDPH9103-1	<i>Engineering of physical preparation and athletic performance</i> - The work of a physical trainer and planning: "Failing to plan is planning to fail" - Boris JIDOVTSIEFF, Carlos RODRIGUEZ DE LA CRUZ - Managing modern athletes nowadays - JeanLouis CROISIER, François DELVAUX - New issues in the field of recovery and how to develop better aerobic ability - Florence SCHLEICH - Building the athletes of the future - neuromuscular training - Boris JIDOVTSIEFF, Cédric LEHANCE - Injuries that can spoil life - Bénédicte FORTHOMME, JeanFrançois KAUZ		B1	TA 4	4	-		<b>5</b>
EDPH9104-1	<i>Engineering of physical activity and health II</i> - Physical activity advice - backpain, the ailment of the century - Healthy ageing whatever life throws at us - The benefits of physical activity for chronic medical conditions		B1	TA 4	3	-		<b>3</b>
EDPH9105-1	<i>Engineering of physical preparation and athletic performance II</i> - The work of a physical trainer and planning: "Failing to plan is planning to fail" - Managing modern athletes nowadays - New issues in the field of recovery and how to develop better aerobic ability - N... - Building the athletes of the future - neuromuscular training - Injuries that can spoil life		B1	TA 4	4	-		<b>5</b>
MSTG9071-1	<i>Internship</i> - N...		B1	TA	-	-	-	<b>1</b>