

**Cycle view of the study programme**

B1 Or Th Pr Au Cr

**Compulsory courses (B1 : 17Cr)**

EDPH9102-1	<i>Engineering of physical activity and health</i> - <i>Physical activity advice: back pain, mental health</i> - Alexandre MOUTON, Marc VANDERTHOMMEN - Suppl : Gilles LOMBARD - <i>Healthy ageing whatever life throws at us</i> - Olivier BRUYÈRE, Alexandre MOUTON - <i>The benefits of physical activity for chronic medical conditions</i> - Arnaud ANCION, Thierry BURY	B1	TA 7 5 8	- - 3 -	- - -	<b>3</b>
EDPH9103-1	<i>Engineering of physical preparation and athletic performance</i> - <i>The work of a physical trainer and planning: "Failing to plan is planning to fail"</i> - Boris JIDOVTSSEFF, Carlos RODRIGUEZ - <i>Managing modern athletes nowadays</i> - JeanLouis CROISIER, François DELVAUX - <i>New issues in the field of recovery and how to develop better aerobic ability</i> - Thierry BURY - <i>Building the athletes of the future - neuromuscular training</i> - Boris JIDOVTSSEFF, Cédric LEHANCE - <i>Injuries that can spoil life</i> - Bénédicte FORTHOMME, JeanFrançois KAUX	B1	TA 4 7 6 8 8	4 -	4 - -	<b>5</b>
EDPH9104-1	<i>Engineering of physical activity and health II</i> - <i>Physical activity advice - backpain, the ailment of the century</i> - <i>Healthy ageing whatever life throws at us</i> - <i>The benefits of physical activity for chronic medical conditions</i>	B1	TA 4 5 4	3 3 3	- - -	<b>3</b>
EDPH9105-1	<i>Engineering of physical preparation and athletic performance II</i> - <i>The work of a physical trainer and planning: "Failing to plan is planning to fail"</i> - Boris JIDOVTSSEFF, Carlos RODRIGUEZ - <i>Managing modern athletes nowadays</i> - JeanLouis CROISIER, François DELVAUX - <i>New issues in the field of recovery and how to develop better aerobic ability</i> - Thierry BURY, Carlos RODRIGUEZ - <i>Building the athletes of the future - neuromuscular training</i> - Boris JIDOVTSSEFF, Cédric LEHANCE - <i>Injuries that can spoil life</i> - Bénédicte FORTHOMME, JeanFrançois KAUX	B1	TA 4 3 4 4 6	4 4 -	- - -	<b>5</b>
MSTG9071-1	<i>Internship</i> - Thierry BURY	B1	TA	-	- - -	<b>1</b>