Block view of the study programme

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Block 1

Compulsory courses

YCER0193-1	*The systemic and strategic model of Palo Alto (1st year) - N...*	TA	188	-	-	**34**

- Module 1.1: Epistemology of the model (32h + 60h personal work)
- Module 1.2: Systemic and strategic therapy in the scientific world (8h + 4h personal work)
- Module 1.3: Interview techniques in the systemic and strategic approach (40 h + 20 h of personal work)
- Module 1.4: Applying systemic and strategic therapy to manage stress and anxiety (32 h + 20 h of personal work)
- Module 1.5: Applying systemic and strategic therapy to manage moods (32h + 20h of personal work)
- Module 1.6: Applying brief therapy to manage psychiatric problems (32 hours + 20 hours of personal work)
- Module 1.7: Session observation (12h + 8h of personal work)

Block 2

Compulsory courses

YCER0194-1	*Intensive training in systemic and strategic model - internship (2nd year) - N...*	TA	232	-	-	**38**

- Module 2.1 : Support seminar for work placements (140 hours and 40 hours of individual work)
- Module 2.2 : Participation in a research project (8 hours face-to-face + 60 hours of individual work)
- Module 2.3 : Work placement (310 hours of brief therapy practice)
- Module 2.4 : Group supervision of practical cases (20 hours and 20 hours of individual work)

Block 3

Compulsory courses

YCER0195-1	*Intensive training in systemic and strategic model - internship (3rd year) - N...*	TA	232	-	-	**38**

Module 3.1: Placement support seminar (140 hours and 40 hours of independent work)
Module 3.2: Participation in a scientific research project (8 hours in person + 60 hours of independent work)
Module 3.3: Placement (310 hours of brief therapy practice)
Module 3.4: Group supervision of practical cases (20 hours and 20 hours of independent work)