

**Cycle view of the study programme**

B1 Or Th Pr Au Cr

**Compulsory courses (B1 : 34Cr, B2 : 38Cr, B3 : 38Cr)**

YCER0193-1 *The systemic and strategic model of Palo Alto (1st year) - N...* B1 TA 188 - - **34**

- Module 1.1: Epistemology of the model (32h + 60h personal work)
- Module 1.2: Systemic and strategic therapy in the scientific world (8h + 4h personal work)
- Module 1.3: Interview techniques in the systemic and strategic approach (40 h + 20 h of personal work)
- Module 1.4: Applying systemic and strategic therapy to manage stress and anxiety (32 h + 20 h of personal work)
- Module 1.5: Applying systemic and strategic therapy to manage moods (32h + 20h of personal work)
- Module 1.6: Applying brief therapy to manage psychiatric problems (32 hours + 20 hours of personal work)
- Module 1.7: Session observation (12h + 8h of personal work)

YCER0194-1 *Intensive training in the systemic and strategic model (2nd year) - N...* B2 TA 232 - - **38**

- Module 2.1: Training in the systemic and strategic model (224h + 140h of personal work)
- Module 2.2: Participation in a research project (8h in class + 60h personal work)

YCER0195-1 *Intensive training in the systemic and strategic model (3rd year) - N...* B3 TA 232 - - **38**

- Module 3.1: Training in the systemic and strategic model (224h + 140h of personal work)
- Module 3.2: Participation in scientific research (8 hours in class + 60 hours personal work)