

Study programmes 2023-2024

Faculty of Medicine

University certificate in advanced physical activity and training

Cycle view o	of the study programme	Bl	Or	Th	Pr	Au	Cr
Compulsory courses (B1 : 17Cr)							
EDPH9102-1	Engineering of physical activity and health - Physical activity advice: back pain, mental health - Alexandre MOUTON, Marc VANDERTHOMMEN - Suppl: Gilles LOMBARD	B1	TA 7	-	-		3
	 Healthy ageing whatever life throws at us - Olivier BRUYÈRE, Alexandre MOUTON The benefits of physical activity for chronic medical conditions - 		5 8	3	-		
	Arnaud Ancion, Thierry Bury						
EDPH9103-1	Engineering of physical preparation and athletic performance - The work of a physical trainer and planning: "Failing to plan is planning to fail" - Boris JIDOVTSEFF, Carlos RODRIGUEZ	B1	TA 4	4	-		5
	- Managing modern athletes nowadays - JeanLouis CROISIER, François DELVAUX		7	-	-		
	- New issues in the field of recovery and how to develop better aerobic ability - Thierry BURY		6	-	-		
	- Building the athletes of the future - neuromuscular training - Boris JIDOVTSEFF, Cédric LEHANCE		8	-	-		
	- Injuries that can spoil life - Bénédicte FORTHOMME, JeanFrançois KAUX		8	-	-		
EDPH9104-1	Engineering of physical activity and health II	B1	TA				3
	- Physical activity advice - backpain, the ailment of the century		4	3	-		
	 Healthy ageing whatever life throws at us The benefits of physical activity for chronic medical conditions 		5 4	3	-		
EDPH9105-1	Engineering of physical preparation and athletic performance II - The work of a physical trainer and planning: "Failing to plan is planning to fail" - Boris JIDOVTSEFF, Carlos RODRIGUEZ	B1	TA 4	4	-		5
	- Managing modern athletes nowadays - JeanLouis CROISIER, François DELVAUX		3	4	-		
	- New issues in the field of recovery and how to develop better aerobic ability - Thierry Bury, Carlos Rodriguez		4	4	-		
	- Building the athletes of the future - neuromuscular training - Boris JIDOVTSEFF, Cédric LEHANCE		4	3	-		
	- Injuries that can spoil life - Bénédicte FORTHOMME, JeanFrançois KAUX		6	2	-		
MSTG9071-1	Internship - Thierry BURY	B1	TA	-	-	-	1