

Study programmes 2023-2024

Faculty of Medicine

University certificate in advanced physical activity and training

Block view of the study programme

Or Th Pr Au Cr

Block 1	
Compulsory	course

Compulsory cou	rses					
EDPH9102-1	Engineering of physical activity and health - Physical activity advice: back pain, mental health - Alexandre MOUTON,	TA	7	-	-	3
	Marc Vanderthommen - Suppl : Gilles Lombard - Healthy ageing whatever life throws at us - Olivier Bruyère, Alexandre Mouton		5	3	-	
	- The benefits of physical activity for chronic medical conditions - Arnaud Ancion, Thierry Bury		8	-	-	
EDPH9103-1	Engineering of physical preparation and athletic performance	TA				5
	- The work of a physical trainer and planning: "Failing to plan is planning to fail" - Boris JIDOVTSEFF, Carlos RODRIGUEZ		4	4	-	
	- Managing modern athletes nowadays - JeanLouis CROISIER, François DELVAUX		7	-	-	
	- New issues in the field of recovery and how to develop better aerobic ability - Thierry Bury		6	-	-	
	- Building the athletes of the future - neuromuscular training - Boris JIDOVTSEFF, Cédric LEHANCE		8	-	-	
	- Injuries that can spoil life - Bénédicte FORTHOMME, JeanFrançois KAUX		8	-	-	
EDPH9104-1	Engineering of physical activity and health II	TA				3
	- Physical activity advice - backpain, the ailment of the century		4	3	-	
	- Healthy ageing whatever life throws at us		5	3	-	
	- The benefits of physical activity for chronic medical conditions		4	3	-	
EDPH9105-1	Engineering of physical preparation and athletic performance II - The work of a physical trainer and planning: "Failing to plan is planning to fail" - Boris JIDOVTSEFF, Carlos RODRIGUEZ	TA	4	4	-	5
	- Managing modern athletes nowadays - JeanLouis Croisier, François Delvaux		3	4	-	
	New issues in the field of recovery and how to develop better aerobic abilityThierry Bury, Carlos Rodriguez		4	4	-	
	- Building the athletes of the future - neuromuscular training - Boris JIDOVTSEFF, Cédric LEHANCE		4	3	-	
	- Injuries that can spoil life - Bénédicte FORTHOMME, JeanFrançois KAUX		6	2	-	
MSTG9071-1	Internship - Thierry BURY	TA	-	-	-	1