

Block view of the study programme

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Block 1

Compulsory courses

EDPH9102-1	<i>Engineering of physical activity and health</i> - <i>Physical activity advice: back pain, mental health</i> - Alexandre MOUTON, Marc VANDERTHOMMEN - <i>Healthy ageing whatever life throws at us</i> - Olivier BRUYÈRE, Alexandre MOUTON - <i>The benefits of physical activity for chronic medical conditions</i> - Arnaud ANCION, Thierry BURY	TA	7	-	-	3
EDPH9103-1	<i>Engineering of physical preparation and athletic performance</i> - <i>The work of a physical trainer and planning: "Failing to plan is planning to fail"</i> - Boris JIDOVTSSEFF, Carlos RODRIGUEZ - <i>Managing modern athletes nowadays</i> - JeanLouis CROISIER, François DELVAUX - <i>New issues in the field of recovery and how to develop better aerobic ability</i> - Thierry BURY - <i>Building the athletes of the future - neuromuscular training</i> - Boris JIDOVTSSEFF, Cédric LEHANCE - <i>Injuries that can spoil life</i> - Bénédicte FORTHOMME, JeanFrançois KAUX	TA	4	4	-	5
EDPH9104-1	<i>Engineering of physical activity and health II</i> - <i>Physical activity advice - backpain, the ailment of the century</i> - <i>Healthy ageing whatever life throws at us</i> - <i>The benefits of physical activity for chronic medical conditions</i>	TA	4	3	-	3
EDPH9105-1	<i>Engineering of physical preparation and athletic performance II</i> - <i>The work of a physical trainer and planning: "Failing to plan is planning to fail"</i> - <i>Managing modern athletes nowadays</i> - <i>New issues in the field of recovery and how to develop better aerobic ability</i> - <i>Building the athletes of the future - neuromuscular training</i> - <i>Injuries that can spoil life</i>	TA	4	4	-	5
MSTG9071-1	<i>Internship</i> - Thierry BURY	TA	-	-	-	1