

**Cycle view of the study programme**

B1 Or Th Pr Au Cr

**Compulsory courses (B1 : 25Cr)**

YCER0150-1 *Theoretical model of psychological trauma, part 1* - Adelaïde BLAVIER, Caroline BOLAND, Eric CONSTANT, Alexandra DEPRez, Françoise DETOURNAY, Serge GOFFINET, Manoëlle HOPCHET, Jacques ROISIN, Etienne VERMEIREN B1 TA 49 11 - 6

- Historic perspective of psychotrauma (2h TH) Caroline Boland
- Epidemiology of post-traumatic stress, risk factors, comorbidities, neurobiology, genetics, epigenetics (8h TH) Eric Constant
- Psychodiagnostics of ESPT and complex ESPT: interviews and questionnaires (5h TH) Caroline Boland
- Psychoeducation on psychotrauma (2h PR) Françoise Detournay
- Stabilisation tests (3h TH) Françoise Detournay
- Attachment, socio-emotional development and relational trauma (10 h TH) Alexandra Deprez
- Acute trauma and emergency intervention (5h TH, 5h PR) Etienne Vermeiren
- Psychodiagnosis of complex dissociative problems (8h TH, 2h PR) Françoise Detournay, Serge Goffinet, Manoëlle Hopchet
- Psychoanalytical aspects of trauma, transfer and counter-transfer in therapeutic relationships (8h TH, 2 h PR) Jacques Roisin, Manoëlle Hopchet

YCER0151-1 *Practical model of treatment for psychological trauma, part 1* - Adelaïde BLAVIER, Françoise DETOURNAY, Raphaël GAZON, Samira KHOLTI B1 TA 4 22 - 3

- Stabilization and regulation of affect: hypnotic approaches and imaging techniques (2TH, 8PR) Françoise DETOURNAY
- Stabilization and regulation of affect: body techniques of sensorimotor therapy (2TH, 8PR) Raphaël GAZON
- Diagnosis and stabilization integration day (6PR) Samira KHOLTI

YCER0152-1 *Theoretical model of psychological trauma, part 2* - Adelaïde BLAVIER, Carla CZESCHI, Christian MORMONT, Berna SENAY, Amélie SIMON B1 TA 41 9 - 5

- Behavioural approach to trauma: introduction (6h TH) Adélaïde Blavier
- Behavioural confrontational techniques: rescripting intrusive images (9h TH, 5 PR) Carla Czeschi
- Hypnotherapeutic approach to confrontation with traumatic material (6h TH, 4h PR) Amélie Simon
- Trauma and family system (10h TH) Berna Senay
- Ethics and deontology of psychotraumatology including vicarious trauma (10h TH) Christian Mormont, Adélaïde Blavier

YCER0153-1 *Practical model of treatment for psychological trauma, part 2* - Adelaïde BLAVIER, Françoise DETOURNAY, Nathalie HANOT B1 TA 1 15 - 2

- Day of integration of confrontation techniques (6PR) Françoise DETOURNAY
- Integration of psychotrauma and mourning (1TH, 9PR) Nathalie HANOT

YCER0154-1 *Practical exercises* - Adelaïde BLAVIER, Nathalie HANOT B1 TA 20 18 - 4

- 3 mandatory days of group supervision on the issues of diagnosis, stabilization, confrontation (18PR) Manoëlle HOPCHET
- Individual and group supervision during the first and second year (20TH) Manoëlle HOPCHET

YTRA9018-1 *Final thesis* - Adelaïde BLAVIER B1 TA - - - 5