Cycle view of the study programme

Bl Or Th Pr Au Cr

Information

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Presentation

The aims of the training programme are as follows :
- to acquire an in-depth understanding of the phenomenon of sleep, its neurological substrate, its evolution with age, its determinants and characteristics
- to understand the symptoms when sleep is disrupted, deteriorates or is the cause of a health problem
- to understand the repercussions of somatic or psychiatric conditions on sleep
- to learn more about the existing therapeutic approaches to sleep disorders
- to acquire practical skills in order to perform, interpret and analyse sleep tests
- to treat patients with sleep problems.

Conditions of access

This training is available to
- general practitioners or specialists
- psychologists
- physiotherapists
- engineers
- holders of a science master's degree

Duration

This is a two-year programme. It will include theory classes, organised over eight Saturdays, and a practical part. The practical training includes a technical part (work in a sleep laboratory) and consultations concerning sleep disorders. Placements for a total of 200 h are organised over the two years.
Training total: 25 ECTS

Registration fee

- For doctors: 1795 #
- For technicians and other participants: 995 #

Collegiality

Coordinators : Pierre Maquet, Paul Linkowski and Daniel Rodenstein
- Theory (8 days)
- Practical training - technical part
- Placements (200h Pr)

Assessment

The certificate is validated by an exam and a training report

Compulsory courses

HULG2235-1	*Theoretical and practical teaching*	B1	TA				**25**
	- Theoretical teaching		-	-	-		
	- Practical teaching		-	-	-		