

Cycle view of the study programme

Bl Or Th Pr Au Cr

10 credits training in collaboration with ULB and UCL.

Responsible teacher : Emmanuel Pinto

Informations complémentaires

MODULE 1 (12h)

GENERAL ADDICTION

BLOCK A

1. Epidemiological and economic data - Dr Thomas Orban (UCL)
2. Alcohol industry and society : advertising,... - M. Martin De Duve (UCL)

BLOCK B

3. Neuropsychological functioning of the addicted brain - Pr Philippe de Timary (UCL)
4. Neuro-imaging of addictions - Pr Philippe de Timary (UCL)

BLOCK C

5. Neurobiological theories of addiction - Pr Emmanuel Pinto (ULg)
 6. Genetic vulnerability : genetics, epigenetics ? - Pr Emmanuel Pinto (ULg)
- BLOCK D : CLINIC BLOCK (Typology) - Pr Paul Verbanck (ULB) and Dr Bernard Dor (ULg)

7. Risk and vulnerability factors
8. Review of the different products
9. Addiction without product (games ...)
- IO. Eating behaviour disorders

MODULE 2 (12h)

ALCOHOL: INTERN-RELATED ASPECTS

BLOC E: GASTROENTEROLOGY - Pr Christophe Moreno (ULB), Pr Peter Stärkel (UCL), Dr Jacques Deflandre (La Citadelle de Liège) and Pr Jean. Delwaide (ULg)

1. Pharmacokinetics of ethanol and ethanol metabolism enzymes
- BLOC F: CARDIO-VASCULAR and OTHER INTERN-RELATED ASPECTS
2. Cardio-vascular - Dr Bernard Dor (ULg)
 3. Sexuality and alcohol - Dr Armand Lequeux (UCL)
 4. Endocrine and nutritional aspects - Dr Bernard Hanson (ULB)

MODULE 3 (12h)

BLOC G: NEUROLOGY

Dr Lamia Guetta (UCL) and Dr Bernard Dachy (ULB)

1. Acute complications: drunkenness, confusion, DT, epilepsy
 2. Chronic complications: Korsakoff, Gayet-Wernicke, peripheral neuropathies, optical neuritis and cerebellar syndrome
- Dr Xavier Noël (ULB) and Dr Charles Kornreich (ULB)
4. Neurocognitive problems and re-evaluation (particularly of dysexecutive syndrome)
 5. Neuropsychological tests

MODULE 4 (12hours)

BLOCK H (BINGE DRINKING)

1. Alcohol and young people - M. Martin De Duve (UCL)
2. Neurobiological aspects - Pr Pierre Maurage (UCL) and M. Salvatore Campanella (ULB)
3. Neurophysiological aspects - Pr Pierre Maurage (UCL) and M. Salvatore Campanella (ULB)
4. Prevention - Pr Pierre Maurage (UCL) and M. Salvatore Campanella (ULB)

BLOCK I (MOTIVATIONAL INTERVIEW) - M. Philippe Rémacle (ULg) and Dr. Denis Jacques (UCL)

5. The spirit of the motivational interview (partnership, non-judgement, altruism, reminders, development process)
6. Commitment to the relationship: the foundation
7. Focus: strategic direction
8. Reminders: preparing for change
9. Planning: a bridge towards change

MODULE 5 (12 hours)

ALCOHOL, GENERAL MEDICINE, FRONT LINE CARE

BLOCK J -Dr Thomas Orban (UCL) and Dr Bernard Dor (ULg)

1. Diagnostic categories, types of consumption
2. How to define alcohol abuse
3. What professional categories should identify alcohol abuse ?
4. When to identify alcohol abuse ? What diseases are generated or strongly influenced by alcohol ?

5. Biological markers of alcohol consumption
6. How to identify alcohol abuse
7. The objectives of therapeutic intervention
8. What therapeutic interventions can be offered ?
9. Managing patient resistance Difficult consultations.
10. How to plan an intervention
11. Conducting treatment with a view to reducing consumption
12. Conducting treatment with a view to withdrawal
13. Withdrawal where, for whom, what and how ?
14. Friends and family, the setting, work
15. Alcohol and cancers

PHARMACOLOGICAL ASPECTS OF ALCOHOL TREATMENT

BLOCK - Dr Catherine Hanak (ULB)

16. Abstinence maintenance medication
17. Medications for controlled/moderated consumption

MODULES 6 AND 7 (24h)

BLOC L: PSYCHOLOGICAL AND THERAPEUTIC ASPECTS

1. Alcohol and psychiatry: anxiety, depression, psychotic problems, personality problems, bipolar troubles
2. Multiple dependencies: tobacco, cannabis, etc. 3. Psychoanalytical aspects
4. Systemic aspects
5. TCC
6. Conclusion: what, for whom and when ? - Prof. Paul Verbanck (ULB)

BLOC M: THE HOSPITAL

7. Withdrawal in detox
8. Post-detox

BLOC N: THE NETWORK - Pr Paul Verbanck (ULB), Pr Emmanuel Pinto (ULg), Pr Philippe de Timary (UCL), Dr Thomas Orban (UCL) and Dr Bernard Dor (ULg)

1. Different actors in the network: GP, specialist, psychologist, social worker, chemist, nurse, IBSR
2. How to communicate?
3. Mutual-assistance groups
4. Group therapies
5. The Réseau Alcool Francophone: the RAF

MODULE 8 (12h)

BLOC O: PREVENING RELAPSES - Pr Paul Verbanck (ULB), Pr Emmanuel Pinto (ULg), Pr Philippe de Timary (UCL), Dr Thomas Orban (UCL), Dr Bernard Dor (ULg) et Mrs Aurore Neumann (UCL)

1. How to prevent relapses
2. Emergency alcohol-related situations

BLOC P: CLINICAL ANALYSIS CASES - Pr Paul Verbanck (ULB), Pr Emmanuel Pinto (ULg), Pr Philippe de Timary (UCL), Dr Thomas Orban (UCL) and Dr Bernard Dor (ULg)