

Cycle view of the study programme

Bl Or Th Pr Au Cr

Informations complémentaires

Information

ULg :

Prof. R. Poirrier

Service de médecine du sommeil

CHU, Avenue de l'Hôpital 1

4000 Liège

E-mail address : Robert.Poirrier@ulg.ac.be

ULB :

Prof. Paul Linkowski

Service de psychiatrie

Route de Lennik 808

1070 Bruxelles

Person of contact : Pôle santé formation continue

Phone number : 02/555. 85.17.

E-mail address : formcont.polesante@ulb.ac.be

UCL :

Prof. Daniel Rodenstein

Service de pneumologie et du laboratoire du sommeil

Av. Hippocrate 10 bte B2.2832

1200 Woluwe-St-Lambert

Phone number : 02/764.28.86.

E-mail address : daniel.rodenstein@uclouvain.be

Presentation

The aims of the training programme are as follows :

- to acquire an in-depth understanding of the phenomenon of sleep, its neurological substrate, its evolution with age, its determinants and characteristics
- to understand the symptoms when sleep is disrupted, deteriorates or is the cause of a health problem
- to understand the repercussions of somatic or psychiatric conditions on sleep
- to learn more about the existing therapeutic approaches to sleep disorders
- to acquire practical skills in order to perform, interpret and analyse sleep tests
- to treat patients with sleep problems.

Special conditions of access / students concerned

- holders of a Master degree in medicine, general practitioners or specialist physicians (neurology, ENT, geriatrics, paediatrics, pneumology, ...)
- holders of a Master degree in psychology, occupational medicine or public health
- nursing and healthcare personnel
- technical personnel
- specialist candidates pursuing a training

Duration of the training

This is a two-year programme. It will include theory classes, organised over eight Saturdays, and a practical part. The practical training includes a technical part (work in a sleep laboratory) and consultations concerning sleep disorders. Placements for a total of 200 h are organised over the two years.

Training total: 25 ECTS

Courses programme

Collegiality :

Coordinators: Robert Poirrier, Paul Linkowski and Daniel Rodenstein.

- Theory (8 days)
- Practical training & technical part
- Placements (200 h Pr)

Assessment

The certificate is validated by an exam and a training report

Registration

Admission to the training programme is based on an application file (CV, cover letter, qualification(s) and enrolment form).

This file must be completed online only, via ULB's website.

Go to <http://formcont.ulb.ac.be> and click on the thumbnail *How to enrol*;

Enrolment fees:

- Doctors: #1795
- Technicians and other participants: #995
- Reduced rate (Doctors in training and job-seekers): #495